

Kim Zolciak-Biermann suffers stroke minutes after returning home from Dancing With the Stars - losing all feeling on the left side of her body and the ability to speak

- The 37-year-old reality star had a 'mini stroke' on Wednesday after flying from Los Angeles to her home city Atlanta
- On Thursday she shared a photo from her hospital bed, where she was wearing a medical gown and wired up to monitors
- Kim said her life had been saved by the quick reactions of her husband Kroy, friend Niki Toney-Pressley, daughter Brielle and Brielle's boyfriend
- Mini strokes occur when blood-flow to the brain stops for a short period of time - the symptoms generally last less than 24 hours
- Kim, who found fame in real Housewives of Atlanta, said on [Dancing With the Stars](#) on Monday night she'd had Botox a few hours beforehand
- Doctors say that patients are fine to fly after having the injections

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Reality TV star Kim Zolciak-Biermann suffered a stroke on Wednesday - moments after arriving home from Dancing With The Stars.

The 37-year-old mom of six revealed in a social media post on Thursday that she suddenly lost all feeling in her left side and the ability to speak.

Sharing a photo from her hospital bed, she said her life had been saved by the quick reactions of her husband Kroy, friend Niki Toney-Pressley, daughter Brielle and Brielle's boyfriend Slade Osborne.

She later posted a photo of her and Kroy embracing in hospital, with the caption: 'All that matters... FAMILY.'

'The last 24hrs have been whirlwind!' she wrote in the Instagram post. 'I landed yesterday morning from LAX (took the red eye right after DWTS) I got home and within minutes suffered a TIA (mini stroke) the left side of my body went completely numb and my speech was gone.

'I have 100% of my feeling back THANK GOD. Still in the hospital but I just know I'm getting released today!'

Just before having the stroke, Kim had been on Instagram to promote a teeth whitening system.

She wrote in that post: 'I'm so happy to be home with my babies!! Although I'm having a blast on DWTS I took the red eye soooo I'm delirious but I forgot my @expressmileatlanta teeth whitening kit when I was in LA so a quick touch up and then GOODNIGHT!! Back to rehearsal today!!'

'USE MY PROMO CODE "KimZ" And it's only 20 dollars.'

Kim revealed during her Dancing With the Stars performance on Monday that she had received Botox just hours before her routine.

The 37-year-old said that it was not just a cosmetic procedure but had health benefits and helped with her migraines.

She shared a photo of herself with Dr. Simon Ourian after receiving her injections - the same cosmetic dermatologist who treats the Kardashians.

'Thank you @simonourianmd1 for coming in for me!! I needed Botox desperately lol and I needed to pick up some of his face products!' wrote Kim on Instagram. 'I'm obsessed with his flawless serum, eye cream and moisturizer!! I truly appreciate you.'

Board certified plastic surgeon **Barry Weintraub, MD, FACS** said there are no risks associated with flying after receiving Botox.

He added however that it is not advisable to travel after plastic surgery, and that patients should not fly until they receive clearance from their doctors.

'Each operation is different so how long you will have to wait to travel varies,' said Dr. Weintraub.

WHAT IS A MINI STROKE (TIA)?

A mini stroke, medically known as a transient ischemic attack, occurs when blood flow to the brain stops for a short period of time. It mimics the symptoms of an actual stroke but generally lasts for just 24 hours. These attacks do not generally cause any brain damage, though they can be indicators and warning signs that the individual will suffer an actual stroke in the future.