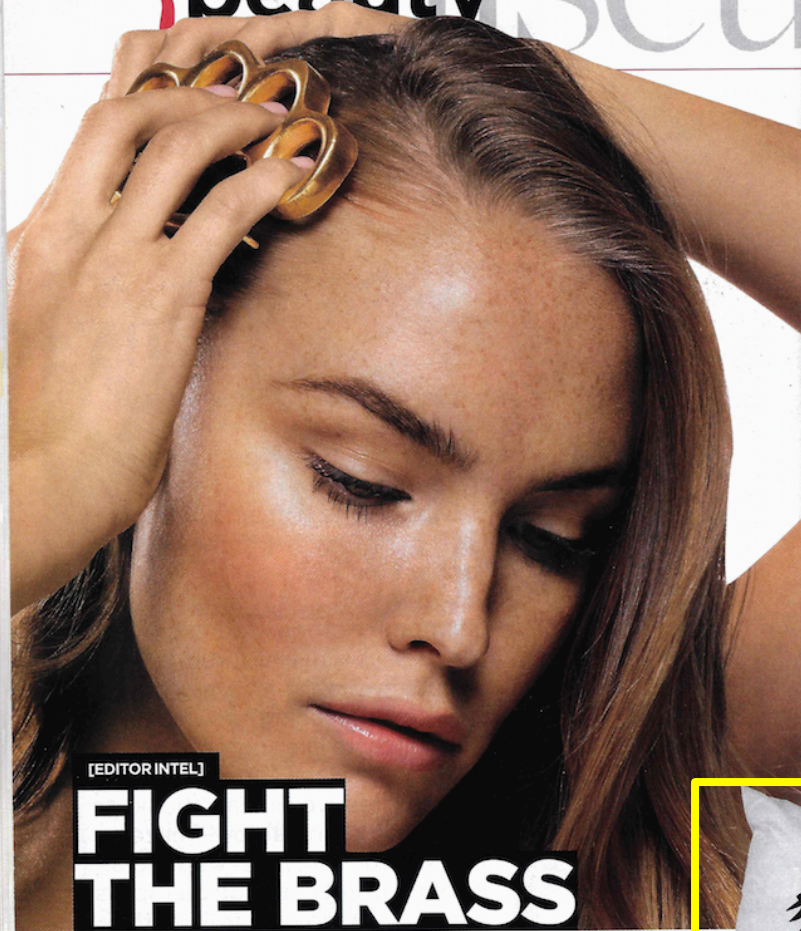


# beauty discuss



[EDITOR INTEL]

## FIGHT THE BRASS

What *WH* senior associate beauty editor Jessica Chia learned at the Serge Normant at John Frieda Salon in New York City

"My dark, highlighted hair turns brassy in a hot minute. Fed up, I asked senior colorist Corinne Adams for a diagnosis. Turns out, acidic sweat from daily workouts can oxidize brunette and blonde hair, giving it a dull, reddish cast. Pre-gym, coat strands from roots to tips with about a tablespoon of coconut oil and slick back into a ponytail. The oil buffers the sweat threat and rinses out in the shower."

### Now Streaming: Skin Damage

Remember when sunbathers would "lay out" with silver reflectors trying to score a deeper tan? Half-baked idea! Welp, you might be doing the same thing with your phone or tablet. A study in the *Journal of the American Academy of Dermatology* found that sleek screens positioned at a 45-degree angle (the way you'd hold your tech IRL outdoors) reflected light so powerfully that they increased the intensity of UV exposure by up to 75 percent. Always protect your face—yes, even in winter—with a broad-spectrum sunscreen; we like Olay Total Effects Anti-Aging Daily Moisturizer SPF 30 (\$20, [olay.com](http://olay.com)). And don't skip your neck and chest, since these lower areas are more likely to take a hit, says New York City dermatologist Joshua Zeichner, M.D. You can also sunproof your device with anti-glare protectors—3M offers options for phones, tablets, and laptops of various makes and models (from \$12, [shop3m.com](http://shop3m.com)).



### Superlative Sponges

Time to graduate from the ordinary wedge. We give high-school-style monikers to a few new standouts.

#### 1 "MOST NONCOMMITTAL"

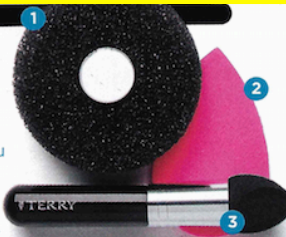
Vera Mona Color Switch Duo, \$20, [veramona.com](http://veramona.com)  
Applied bronzy blush but wish you chose berry? Just press and swirl your brush into this sponge's high-tech surface to wipe it clean of any leftover pigment (no water necessary!).

#### 2 "BIGGEST SUCK-UP"

Beautyblender Blotterazzi, \$20, [sephora.com](http://sephora.com)  
If you're a blotting paper addict, consider this sustainable sponge instead: Its flat, foamy surface absorbs excess face oil but leaves makeup intact.

#### 3 "THE PERFECTIONIST"

By Terry Sponge Foundation Brush, \$36, [b-glowing.com](http://b-glowing.com)  
The long handle of this foundation blender allows you to easily maneuver it like a pencil, so you can steer the teardrop-shaped edge into tricky spots, like your hairline.



FOR CHANEL: C. METZ/EXCLUSIVE ARTISTS MANAGEMENT; MAKEUP: ANA MARIA/ARTISTS; HAIR: BRIAN MAGALLONES FOR AVEA/EXCLUSIVE ARTISTS MANAGEMENT; MAKEUP: KIM BOWER; STYLING: ALMA; BEDROOM EYES: RIGHT/DISC/ALAMY (PILLOW); MATT RAINY